



Webside score trainerpro.ca

Genereret August 26 2023 10:40 AM

Scoren er 55/100






SEO Indhold

	Titel	Personal Trainer - Trainer Pro - GTA Længde : 36 Perfekt, din titel indeholder mellem 10 og 70 bogstaver.																
	Beskrivelse	Personal Trainer expertise at your fingertips! With Top-Rated professionals, unlock a healthier lifestyle and achieve your fitness goals. Start your journey now! Længde : 161 Kan optimeres; din meta beskrivelse bør indeholde mellem 70 og 160 karakterer (med mellemrum). Brug dette gratis redskab til at regne længden ud.																
	Nøgleord	Dårligt! Vi kan ikke finde nogle meta nøgleord på din side! Brug denne gratis online meta generator for at oprette nye nøgleord.																
	Og Meta Egenskaber	Godt, din side benytter Og egenskaberne <table><thead><tr><th>Egenskab</th><th>Indhold</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Personal Trainer - Trainer Pro - GTA</td></tr><tr><td>description</td><td>Personal Trainer expertise at your fingertips! With Top-Rated professionals, unlock a healthier lifestyle and achieve your fitness goals. Start your journey now!</td></tr><tr><td>url</td><td>https://trainerpro.ca/</td></tr><tr><td>site_name</td><td>Personal Trainer</td></tr><tr><td>image</td><td>https://trainerpro.ca/wp-content/uploads/2023/05/fitness-goals.webp</td></tr></tbody></table>	Egenskab	Indhold	locale	en_US	type	website	title	Personal Trainer - Trainer Pro - GTA	description	Personal Trainer expertise at your fingertips! With Top-Rated professionals, unlock a healthier lifestyle and achieve your fitness goals. Start your journey now!	url	https://trainerpro.ca/	site_name	Personal Trainer	image	https://trainerpro.ca/wp-content/uploads/2023/05/fitness-goals.webp
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SEO Indhold

	Overskrifter	H1	H2	H3	H4	H5	H6
		1	11	18	12	0	0
		<ul style="list-style-type: none">• [H1] PERSONAL TRAINER ON DEMAND• [H2] LIMITED TIME OFFER• [H2] TRANSFORMATIONS & FITNESS GOALS REACHED• [H2] HOW TRAINER PRO HELPS YOU CRUSH YOUR FITNESS GOALS• [H2] PERSONAL TRAINING TO FIT INTO YOUR SCHEDULE• [H2] WORKOUT PLANS BUILT AROUND YOUR FITNESS GOALS• [H2] WE CREATE A SUPPORT SYSTEM DURING AND AFTER YOUR WORKOUTS• [H2] 100% MONEY BACK GUARANTEE• [H2] AREAS WE SERVE• [H2] PERSONAL TRAINING FOR YOU OR BRING A FRIEND• [H2] WE HAVE HELPED HUNDREDS OF PEOPLE REACH THEIR FITNESS GOALS• [H2] DON'T WAIT TO START FIRST SESSION IS ON US!• [H3] GET YOUR FREE ASSESSMENT• [H3] START YOUR CUSTOM WORKOUT PLAN• [H3] SEE RESULTS• [H3] STAY ON TRACK• [H3] LOSE WEIGHT• [H3] BUILD MUSCLE• [H3] IMPROVE MOBILITY• [H3] KNOWLEDGE AND MATERIALS• [H3] NUTRITIONAL ASSESMENT• [H3] CONTINUOUS SUPPORT• [H3] LEARN MORE• [H3] LEARN MORE• [H3] LEARN MORE• [H3] LEARN MORE• [H3] FOLLOW US• [H3] FOLLOW US• [H3] FOLLOW US• [H3] FOLLOW US• [H4] 94%• [H4] 15,000+• [H4] 50+• [H4] TrainerPro really is the pro!• [H4] Very happy with my choice• [H4] Such amazing trainers• [H4] My trainer is the best• [H4] FOLLOW OUR IG• [H4] QUICK LINKS• [H4] AREAS WE SERVE• [H4] CONTACTS• [H4] NEWSLETTER					
	Billeder	Vi fandt 15 billeder på denne side. 4 alt tags mangler eller er tomme. Tilføj alternativ tekst til dine billeder for at gøre siden mere brugervenlig, og for at optimere din SEO i forhold til søgemaskinerne.					

SEO Indhold

	Text/HTML balance	Balance : 7% Denne sides text til HTML fordeling er under 15 procent, dette betyder at din side mangler indhold!
	Flash	Perfekt, ingen Flash objekter er blevet fundet på siden.
	iFrame	Beklager! Din side har iFrames og det kan medføre i yderst dårlig læsning af søgerbotterne.

SEO Links

	URL Omskrivning	Godt. Dine links ser venlige ud!
	Underscores i links	Perfekt! Ingen underscores blev fundet i dine links
	On-page links	Vi fandt et total af 10 links inkluderende 0 link(s) til filer
	Statistics	Eksterne Links : noFollow 0% Eksterne Links : Sender Juice 0% Interne Links 100%


On-page links

Anker	Type	Juice
TERMS AND CONDITIONS	Intern	Sender Juice
PRIVACY POLICY	Intern	Sender Juice
HOME	Intern	Sender Juice
TRAINING	Intern	Sender Juice
ABOUT US	Intern	Sender Juice
PRICES	Intern	Sender Juice
CONTACT US	Intern	Sender Juice

On-page links

CAREER	Intern	Sender Juice
ETOBICOKE	Intern	Sender Juice
SCARBOROUGH	Intern	Sender Juice

SEO Nøgleord

	Nøgleords cloud	reach also trainers workout goals get fitness trainer personal training
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Nøgleords balance












Nøgleord	Indhold	Titel	Nøgleord	Beskrivelse	Overskrifter
personal	49	✓	✗	✓	✓
trainer	46	✓	✗	✓	✓
fitness	25	✗	✗	✓	✓
goals	21	✗	✗	✓	✓
training	13	✗	✗	✗	✓

Brugervenlighed





	Link	Domæne : trainerpro.ca Længde : 13
	Favikon	Godt, din side har et Favikon!
	Printervenlighed	Vi kunne ikke finde en printer venlig CSS skabelon.
	Sprog	Godt, dit tildelte sprog er en.
	Dublin Core	Denne side benytter IKKE Dublin Core principperne.

Brugervenlighed


Dokument

	Dokumenttype	HTML 5
	Kryptering	Perfekt. Dit Charset er tildelt UTF-8.
	W3C Validering	Fejl : 34 Advarsler : 19
	Email Privatliv	Advarsel! Mindst én email adresse er blevet fundet i rå tekst. Brug gratis antispam beskytter for at hemme din email fra spammere.
	Udgået HTML	Godt! Vi har ikke fundet udgåede HTML tags i din kildekode
	Hastigheds Tips	<ul style="list-style-type: none"> Alle tiders! Din webside bruger ikke nestede tabeller. Advarsel! Din webside benytter inline CSS kode! Dårligt, din webside har for mange CSS filer (mere end 4). Dårligt, din webside har for mange JavaScript filer (mere end 6). Ærgerligt, din hjemmeside ikke udnytte gzip.




Mobil

	Mobil Optimering	<ul style="list-style-type: none"> Apple Ikon Meta Viewport Tag Flash indhold
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Optimering

	XML Sitemap	Stor, din hjemmeside har en XML sitemap. <code>https://trainerpro.ca/sitemap_index.xml</code>
	Robots.txt	<code>http://trainerpro.ca/robots.txt</code>

Optimering

		Stor, din hjemmeside har en robots.txt-fil.
	Analytics	Stor, din hjemmeside har et analyseværktøj.  Google Analytics