



Website review saunka.pl

Generated on May 26 2023 14:21 PM




The score is 42/100







SEO Content

| | Title | <p>SAUNKA - Strona o saunach i akcesoriach</p> <p>Length : 39</p> <p>Perfect, your title contains between 10 and 70 characters.</p> | | | | | | | | | | | | | | |
|------------------|---|---|----------|---------|--------|-------|------------------|-------|------|---------|-------|---|-----|--------------------|-----------|--------|
| | Description | <p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p> | | | | | | | | | | | | | | |
| | Keywords | <p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p> | | | | | | | | | | | | | | |
| | Og Meta Properties | <p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1245 1481 1738"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>pl_PL</td> </tr> <tr> <td>locale:alternate</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>SAUNKA - Strona o saunach i akcesoriach</td> </tr> <tr> <td>url</td> <td>https://saunka.pl/</td> </tr> <tr> <td>site_name</td> <td>Saunka</td> </tr> </tbody> </table> | Property | Content | locale | pl_PL | locale:alternate | en_US | type | website | title | SAUNKA - Strona o saunach i akcesoriach | url | https://saunka.pl/ | site_name | Saunka |
| Property | Content | | | | | | | | | | | | | | | |
| locale | pl_PL | | | | | | | | | | | | | | | |
| locale:alternate | en_US | | | | | | | | | | | | | | | |
| type | website | | | | | | | | | | | | | | | |
| title | SAUNKA - Strona o saunach i akcesoriach | | | | | | | | | | | | | | | |
| url | https://saunka.pl/ | | | | | | | | | | | | | | | |
| site_name | Saunka | | | | | | | | | | | | | | | |
| | Headings | <table border="1" data-bbox="539 1765 1481 1839"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="612 1868 842 1906" style="list-style-type: none"> • [H1] Saunka.pl | H1 | H2 | H3 | H4 | H5 | H6 | 1 | 0 | 0 | 0 | 0 | 0 | | |
| H1 | H2 | H3 | H4 | H5 | H6 | | | | | | | | | | | |
| 1 | 0 | 0 | 0 | 0 | 0 | | | | | | | | | | | |
| | Images | <p>We found 90 images on this web page.</p> <p>6 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p> | | | | | | | | | | | | | | |

SEO Content

| | | |
|--|-----------------|--|
|  | Text/HTML Ratio | Ratio : 6% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content. |
|  | Flash | Perfect, no Flash content has been detected on this page. |
|  | Iframe | Great, there are no Iframes detected on this page. |

SEO Links

| | | |
|--|-------------------------|--|
|  | URL Rewrite | Good. Your links looks friendly! |
|  | Underscores in the URLs | We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO. |
|  | In-page links | We found a total of 51 links including 0 link(s) to files |
|  | Statistics | External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100% |

In-page links

| Anchor | Type | Juice |
|---------------------------------|----------|---------------|
| Skip to content | Internal | Passing Juice |
| Kontakt | Internal | Passing Juice |
| Mapa strony | Internal | Passing Juice |
| Polski | Internal | Passing Juice |
| Polski | Internal | Passing Juice |
| Deutsch | Internal | Passing Juice |
| English | Internal | Passing Juice |
| | | |

In-page links

| | | |
|--|----------|---------------|
| Czy panele i deski lipowe nadają się do budowy sauny? | Internal | Passing Juice |
| Sauna sucha i parowa - czy można łączyć? Do której sauny wejść najpierw? | Internal | Passing Juice |
| Czy mogę korzystać z sauny po ekstrakcji lub leczeniu zęba? | Internal | Passing Juice |
| Sauna i zdrowie oczu - korzyści i szkody | Internal | Passing Juice |
| Peeling ciała w saunie - o czym należy pamiętać? | Internal | Passing Juice |
| Poradnik dotyczący bezpieczeństwa w saunie | Internal | Passing Juice |
| Czy sauna jest bezpieczna dla dzieci? Zasady korzystania z sauny z dzieckiem | Internal | Passing Juice |
| Co daje sauna? Jakie są korzyści dla zdrowia z korzystania z sauny? | Internal | Passing Juice |
| Sauna sucha, mokra i parowa - jakie są podobieństwa i różnice? | Internal | Passing Juice |
| Jak dbać o drewniane powierzchnie w saunie? | Internal | Passing Juice |
| Sauna tekstylna czy beztekstylna? Dlaczego do sauny wchodzi się bez ubrań? | Internal | Passing Juice |
| Jak poprawnie saunować? | Internal | Passing Juice |
| Skóra i sauna: Z jakimi chorobami skóry nie należy korzystać w saunie? | Internal | Passing Juice |
| Sauna dla alergika | Internal | Passing Juice |
| Ruska bania - co to jest? | Internal | Passing Juice |
| Jak sauna wpływa na utratę wagi? | Internal | Passing Juice |
| Koloroterapia w saunie | Internal | Passing Juice |
| Zawód saunamistrza - jakie są obowiązki i specyfika pracy | Internal | Passing Juice |
| Tekstylna w saunie | Internal | Passing Juice |
| Sauna i trening - ogólne zasady | Internal | Passing Juice |
| Sauna wewnętrzna a zewnętrzna | Internal | Passing Juice |
| Dlaczego niektórzy ludzie nie mogą pocić się w saunie? | Internal | Passing Juice |
| Sauna dymna | Internal | Passing Juice |
| Tatuże w saunie: negatywne skutki i zasady korzystania z sauny | Internal | Passing Juice |
| Witki do sauny - czym są i jak ich używać? | Internal | Passing Juice |

In-page links

| | | |
|---|----------|---------------|
| Co to jest sauna i jak działa? | Internal | Passing Juice |
| Jakie drewno wybrać do sauny fińskiej? | Internal | Passing Juice |
| Jak wybrać piec do sauny? | Internal | Passing Juice |
| Sauna i włosy - szkody i korzyści | Internal | Passing Juice |
| Bilans wodny po wizycie w saunie - picie wody w saunie | Internal | Passing Juice |
| Kultura saunowania: zasady postępowania w saunie publicznej | Internal | Passing Juice |
| Olejki eteryczne do sauny suchej - Najlepsze zapachy | Internal | Passing Juice |
| Rodzaje saun | Internal | Passing Juice |
| Czym ruska bania różni się od sauny fińskiej? | Internal | Passing Juice |
| Historia sauny | Internal | Passing Juice |
| Sauna lodowa - co to jest i jakie są jej korzyści? | Internal | Passing Juice |
| Kiedy budować saunę fińską na działce? O jakiej porze roku? | Internal | Passing Juice |
| Jak wybrać kamienie do sauny? | Internal | Passing Juice |
| Herbata w saunie - jaką pić i jak ją zaparzać? | Internal | Passing Juice |
| Sauna ziołowa - czym jest i jakie zioła wybrać? | Internal | Passing Juice |
| Co to jest thermo drewno do sauny? | Internal | Passing Juice |
| Akcesoria do sauny - najpopularniejsze produkty | Internal | Passing Juice |
| Panele jałowcowe do sauny - piękny i użyteczny akcesorium | Internal | Passing Juice |
| Czapka do sauny - po co? | Internal | Passing Juice |

SEO Keywords








Keywords Consistency

| Keyword | Content | Title | Keywords | Description | Headings |
|---------|---------|-------|----------|-------------|----------|
| sauna | 25 | ✓ | ✗ | ✗ | ✗ |







Keywords Consistency

| | | | | | |
|-----------|----|---|---|---|---|
| sauny | 18 | ✘ | ✘ | ✘ | ✘ |
| działanie | 12 | ✘ | ✘ | ✘ | ✘ |
| saunie | 12 | ✘ | ✘ | ✘ | ✘ |
| akcesoria | 9 | ✔ | ✘ | ✘ | ✘ |

Usability

| | | |
|--|--------------|---|
|  | Url | Domain : saunka.pl Length : 9 |
|  | Favicon | Very bad. We have not found shortcut icon. Icons are one of easy ways to attract regular visitors to your website more often. |
|  | Printability | We could not find a Print-Friendly CSS. |
|  | Language | Good. Your declared language is pl. |
|  | Dublin Core | This page does not take advantage of Dublin Core. |

Document

| | | |
|--|-----------------|--|
|  | Doctype | HTML 5 |
|  | Encoding | Perfect. Your declared charset is UTF-8. |
|  | W3C Validity | Errors : 5 Warnings : 3 |
|  | Email Privacy | Great no email address has been found in plain text! |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |
|  | Speed Tips | <ul style="list-style-type: none">✔ Excellent, your website doesn't use nested tables.✘ Too bad, your website is using inline styles. |

Document

- ✖ Too bad, your website has too many CSS files (more than 4).
- ✔ Perfect, your website has few JavaScript files.
- ✖ Too bad, your website does not take advantage of gzip.

Mobile



Mobile Optimization

- ✖ Apple Icon
- ✔ Meta Viewport Tag
- ✔ Flash content

Optimization



XML Sitemap

Great, your website has an XML sitemap.

<http://saunka.pl/sitemap.xml>

https://saunka.pl/sitemap_index.xml



Robots.txt

<http://saunka.pl/robots.txt>

Great, your website has a robots.txt file.



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.